

ALLERGIES BY ENTRÉE/DRINK

*Find the allergy the customer has.
The entrees & drinks below would need to be modified.*

Dairy Entrée

All Benedicts
All Pancakes
All GF Pancakes
All French Toast
All Omelets
All Sandwiches
All Waffles
Award-Winning Buttermilk Biscuit
& Sage Sausage Gravy
Bacon Jam Burger
Blue Corn Huevos Rancheros
Breakfast Burrito
Breakfast Tacos
Carnitas Bowl
Chicken & The Egg
Cinnamon Rolls
Club Salad
Garden Bowl
Greek Omelet
Kids Grilled Cheese
Lemon Poppy Seed Scone
Market Salad with Fresh Melon
Monte Cristo
Protein Bowl
Steak & Eggs
Tatum's Original Avocado Toast
Yogurt Parfait

Nitrate Entrée

ABCLT
All Natural Steak & Eggs
Bacon Jam Burger
Billion \$\$\$ Bourbon Bacon
Breakfast Shot
Chicken & Waffle Benedict
Cinnamon Rolls
Club Salad
Classic Benedict
Protein Bowl
Rocky Mountain Corned
Beef Hash
Tatum's Original Avocado Toast
Ultimate Breakfast Sandwich

Egg Entrée

All Avocado Toast
All Benedicts
All Eggstraordinary
All French Toast
All GF Pancakes
All Gourmet Sandwiches
All Omelets
All Pancakes
All Waffles
Bacon Jam Burger
& Shoestring Fries
Brioche Bread
Club Salad
Kids Chicken Tenders
Kids Grilled Cheese
Lemon Poppy Seed Scone
Monte Cristo

Wheat / Gluten Entrée

All Avocado Toast
All Benedicts
All French Toast
All Gourmet Sandwiches
All Omelets
All Pancakes
All Waffles
Award-Winning Buttermilk Biscuit
& Sage Sausage Gravy
Bacon Jam Burger
Blue Corn Huevos Rancheros
Breakfast Burrito
Breakfast Quinoa (Walnuts
processed in factory with gluten)
Breakfast Tacos
Carnitas Bowl
Chicken & The Egg
Cinnamon Rolls
Club Salad

Kids Chicken Tenders
Kids Grilled Cheese
Lemon Poppy Seed Scone
Monte Cristo
Shoestring Fries

Onion Entrée

All Natural Steak & Eggs
Avocado & Cheddar Chicken Melt
Bacon Jam Burger
Blue Corn Huevos Rancheros
Breakfast Burrito
Breakfast Tacos
Carnitas Bowl
Chicken & The Egg
Chicken & Waffle Benedict
Denver Hot Chicken Benedict
Garden Bowl
Market Salad with Fresh Melon
Omelets: Southwest, Rancher,
Greek
Protein Bowl
Red Rocks Gravy
Rocky Mountain Corned
Beef Hash
Shoestring Fries
Southwest Benedict

Oil Entrée

***Everything cooked in a pan or
on the flattop has oil***

All Pancakes
All GF Pancakes
All Omelets
Avocado Cheddar Chicken Melt
Bacon Jam Burger
Breakfast Burrito
Breakfast Tacos
Carnitas Bowl
Cinnamon Rolls
Denver Hot Chicken Benedict
Chicken & Waffle Benedict
Classic Benedict
Club Salad
Garden Bowl
House Salad
Market Salad
Protein Bowl
Red Rocks Gravy
Shoestring Fries
Tuscan Benedict

Tree Nuts Entrée

ABCLT
Avocado Cheddar Chicken Melt
Belgian Pearl Waffle
Breakfast Quinoa
Chicken & Waffle Benedict
Ultimate Breakfast Sandwich
Yogurt Parfait

Soy Entrée

All GF Pancakes
All Gourmet Sandwiches
All Waffles
Chicken & Waffle Benedict

Cinnamon Entrée

Breakfast Quinoa
Cinnamon Rolls
Cinnamon Swirl Pancake
Colorado Blueberry Streusel
Pancake
Fred's Hawaiian Pancake
Monte Cristo
Strawberry Cheesecake Pancake
Stuffed French Toast
Traditional French Toast

Coconut Entrée

All GF Pancakes (May Contain)
Fred's Hawaiian Pancake
Quinoa Bowl

Citrus Entrée

All Avocado Toasts
All Benedicts
Breakfast Burrito
Breakfast Tacos
Carnitas Bowl
Greek Omelet
Huevos Rancheros
Lemon Poppy Seed Scone
Protein Bowl
Rocky Mountain Corned
Beef Hash
Southwest Omelet
Strawberry Cheesecake
Pancake

Nightshade Entrée

Bacon Jam Burger
Classic Omelet
Denver Omelet
Shoestring Fries

Strawberries Entrée

Strawberry Cheesecake Pancake
Strawberry Pancake
Breakfast Quinoa
Yogurt Parfait

Dairy Drinks

Cappuccino
Chai
Hazelnut Cold Brew w/Vanilla
Cold Foam
Hot Chocolate
Latte
Mocha
The Dude
Urchata

Soy Drinks

Bloody Mary

Cinnamon Drinks

Chai
Hazelnut Cold Brew w/
Vanilla Cold Foam
Urchata

Citrus Drinks

Bloody Mary
Breakfast Shot
Ginger Splash
Honey Lemonade
Lemon San Pellegrino
Luscious Lavender Mimosa
Mai Tai
Maui Wauai Mimosa
Morning Margarita
Morning Screwdriver
Orange Juice
Paloma
Strawberry Basil Lemonade
The Classic Mimosa
The Cure
Urban Beet
Urban Spritz

Coconut Drinks

Chai
Mai Tai
Mile High Bourbon Chai
The Cure
Urchata

Egg Drinks

Mai Tai

Honey Drinks

Mai Tai

Pineapple

Mai Tai
Urban Spritz